

## **Terms & Conditions**

These terms and conditions will apply to anyone booking training or contacting Dynamite Personal Fitness (DPF) through the website, email or by phone.

Instructions by a client to commence a personal training package or any other service provided will constitute acceptance of these terms and conditions.

The owner of the website is Don Perrin of Dynamite Personal Fitness.

### **Payment/cancellation Policy**

- All payments by bacs online; due before course/session commencement (cash payments on day will be accepted if you don't have online facility).
- All payments are non refundable. All sessions (packages) must be used within six months of purchase. If sessions are not used within this time due to inactivity (or any other), sessions will not be refunded and deemed void.
- Notification of cancelled appointments must be made in excess of 24 hours in advance of the session start time. Failure to do so will incur a cancellation fee equivalent to the full price of the session and/or loss of that lesson if booked onto a prepaid course.
- Emergency cancellations will be treated at the discretion of DPF
- The session will start at the pre-arranged time. Any lost time due to late arrival will not be made up at the end of the session.
- In the case of DPF (Don Perrin) being unable to instruct the session e.g due to sickness, the session will be cancelled and rearranged.

### **Trainer/Client Liability**

- The trainer will use skills and knowledge to design a safe programme/session that will take into account client(s) fitness levels, likes and dislikes and personal goals.
- It is understood between client and trainer that both must commit 100% in order to achieve results.

### **Disclaimer/Liability**

- The client will have downloaded or been given a PARQ medical form before commencing a DPF session. All questions must be answered honestly and to the best of your ability including any advice given e.g from a medical practitioner.
- By enrolling on a DPF package/service, the client consents to participating in activities which may include aerobic exercise, resistance and flexibility exercise.

### **Privacy and Data Protection Policy**

- All client information will be kept strictly confidential.
- DPF respects clients right to privacy.
- Any personal details received, included via this site will ONLY be used by DPF unless you have specifically requested otherwise.
- DPF clients on 'Dyna Parc' courses may receive 'carbon copy' emails but only within and concerning their group (opt out is available upon request).
- By posting comments and or pictures you are giving permission for them to be viewed by the public on the website (emails, addresses, telephone numbers etc will not be visible).
- DPF does not sell or otherwise give information to any third party.
- This site does not use 'cookies' for tracking the browsing behaviour of its visitors.
- This site contains links to other websites whose data protection and privacy may differ from that of DPF – DPF is not responsible for the content or privacy policies of these websites.

### **Miscellaneous**

- DPF may amend these terms and conditions from time to time and place the new version on the website. All sessions, packages and services from DPF from the date the amended terms are placed on the website onwards will be governed by those terms.
- These terms and conditions shall apply when you use the DPF website. They shall supercede any and all the conditions, understandings and commitments, agreements or representations (except fraudulent misrepresentations) whether oral or in writing.
- You are advised to read (and are responsible for reading ) all information on this website fully.